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was about my experience. My desire is that the story will give folks insight into experiencing cancer firsthand, hope in surviving it, inspire them to support and love the caregivers and the patients, and entertain the reader in the process.

Once again I ran off in a direction with my eyes only partially open. I thought writing the book was going to be enough. I was

A couple of months ago a friend of mine named Michael was diagnosed with brain cancer. On August 2nd, I went to his funeral. Writing and publishing a book is a slow process, but like the commercial says, "life comes at you fast."

I need to be doing something to help right now. Not just

on a couple of pairs of nice running shoes, some gear to train in, and a belt that holds water bottles. My salivary glands haven't recovered yet and breathing through my mouth dries me out something fierce. I got some guidance from a friend Ĭ ran with in high school and have been following her training schedule to get ready for this race. Just last Sunday I ran 14

Barely five months after my last radiation treatment I am running again. I've been posting my runs and times as my status on facebook to let my friends see how I'm coming through this, and how their support is involved in me finding strength and confidence out of weakness and fear. They respond with

See LETTER, Page 14A

## Southern Shores Dredge Project transforming debt to equity To the editor:

The Town of Southern Shores can greatly benefit from use of the 6-acre "Cove" property located on Highway 158 just northeast of the Wright Memorial Bridge for purposes of the dredge project. In doing so, the town can transform a taxpayer deficit to a value-added equity saving the citizens of Southern Shores potentially millions of dollars.

. The Cove site offers a permanent deposit area for dredge spoils and will eliminate the costly, bulky and deteriorating process of transporting thousands of truckloads of spoils over town roads to secondary locations as is required under the current proposal.

The Cove was slated to become a 36-unit condominium project but the developer, Republic Properties defaulted and never got the project off the ground. The site plan and building permit have since expired and the property is now under

control by the landowner and back on the market.

The town has a golden opportunity to lease or purchase part or all of the Cove property below market price. Highway acreage is always at a premium in any market and is even more compelling in the Outer Banks. the Cove's 6 acres with almost 900 feet of frontage on the highway and the waterfront offer significant value. As the Cove site needs fill to make grade anyway, its value actually increases as spoils get deposited. Numerous possibilities exist for civic, residential, or commercial use.

In talks with the town, the Cove property has been offered as a site for the dredge. Several proposals have been discussed including a lease/purchase where the lease payments go toward the sale price, thus allowing the town to build equity as opposed to building debt, under the current dredge scenario.

The difference of spending over a million dollars and getting nothing in return or investing the

uniess they believe a bill is going to pass.

It's an important aspect of the legislative process to keep in mind as Gov. Beverly Perdue pursues a new type of state budget reform.

Perdue, a longtime legislator herself, essentially wants to rearrange the process, laying down a hot bed of coals before legislators.

To try to take politics out of the process, that's what Congress did when closing and consolidating military bases around the country. It created BRAC, the Base Realignment and Closure Commission, to recommend base closures, and then required itself to vote yes or no on the recommendations, with no changes.

Perdue has borrowed the procedure and the acronym. She recently announcing the ninemember Budget Reform and Accountability Commission. The commission's job is to come up with recommendations to the legislature designed to save taxpayer money, and eliminate government waste and duplication.

Perdue would then like legislators to take an up-or-down vote on the recommendations, with no changes.

Just one problem: Legislators haven't agreed to do any such thing, and many see the step as ceding legislative power, giving it to the executive branch.

Perdue, though, recognizes that, unless you can force elected representatives to make a public choice, they sometimes won't act in the broader interest.

Still, putting some heat to their feet to ever get them into that position may prove difficult.

same million into a value-added equity translates into a savings of at least 2 million hard-earned tax dollars!

BRUCE POLLAK North Outer Banks Associates, LLC

Owner of Cove parcel brucepollak@gmail.com